

the wealden freedom flyer!

Wow!



**May
2026**



PEOPLE



A Fond Farewell: Thank You for 25 Wonderful Years

We recently said a fond farewell to our wonderful receptionist, Di. Di has been a huge part of the Uckfield team with over 25 years of service. You will be missed but it's not goodbye we will see you when you come in for classes. We wish Di all the very best as she begins her well deserved retirement and exciting new chapter.

Staff Member of the Month: Harriet Ashdown

We are delighted to announce Harriet as our Staff Member of the Month at Uckfield. As Fitness Manager, Harriet has brought an incredible wave of positivity, energy, and innovation to the centre. Her dedication to the role has all brought the introduction of exciting new classes! Harriet's enthusiasm and commitment continue to inspire everyone around her.



Discounted Parties for Swimming Lesson Members

Swimming lesson members can now enjoy an added perk at Freedom Leisure, with 10% off birthday party bookings included as part of their membership. It's our way of saying thank you, giving families even more value while celebrating special occasions with fun, active parties in a welcoming environment.

Team Triumphs: Running for Charity & Personal Bests

Huge congratulations to some of our incredible team for some amazing achievements! Harrison smashed the Brighton Marathon, Joe & Harriet completed the London Landmarks Half Marathon & Steph powered through the Brighton 10k! It's fantastic to see our team getting active, challenging themselves, and raising money for some truly fantastic charities.



Swimathon Success!

We were delighted to welcome Olympic champion & Swimathon President, Duncan Goodhew MBE to Crowborough Leisure Centre to launch our participation in this year's Swimathon fundraising event. Thanks goes to everyone who swam to raise funds for Cancer Research UK (CRUK) & end of life charity Marie Curie UK

COMMUNITY



The Chatty Café

The Chatty Café at Hailsham Leisure Centre offers a warm and welcoming space for the community every Thursday from 10:00am to 12:00pm. It's a wonderful way to encourage people of all ages to connect, chat, and enjoy friendly conversation. Hosted by a welcoming volunteer, it's the perfect opportunity to meet new people, share stories, and brighten your day

Spreading Easter Joy with Hailsham Foodbank

At Hailsham Leisure Centre, staff and members came together in partnership with Hailsham Foodbank to support the local community by donating Easter eggs. This generous initiative encouraged everyone to give a little and help make a difference, and thanks to the kindness shown, over 30 Easter eggs were collected and donated to the foodbank

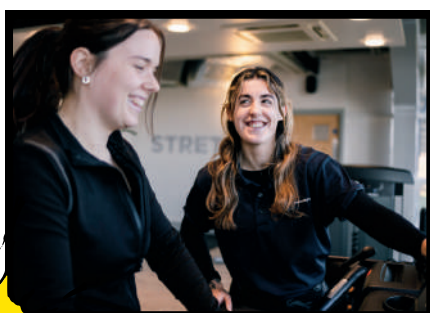


May Half Term Family Fun

There's loads of family fun happening across our Wealden centres this half term. From action-packed holiday clubs to floats and flume sessions in the pool, plus soft play, bowling, and plenty more to keep everyone entertained. Whether you're looking to burn off some energy or enjoy quality time together, there's something for all ages to enjoy throughout the holidays.

Wealden Community Sports Hub

The team recently visited the Wealden Community Sports Hub, with Ivan and Martyn invited by Leisure United and Wealden Council. The visit provided a valuable opportunity to see how the site is progressing and to share ideas around future partnerships that could support the delivery of programmes at the hub for the local community.



Health at your fingertips!

We're making healthcare easier for our members! Our members can now enjoy free remote GP access for you and your dependants! We've partnered with Europe's leading digital first Healthcare service - HealthHero. Available 8AM - 10PM, 364 days a year, with no extra cost to your membership! Speak to a member of our team today!



DISCOVER!



Join the Action This May!

Step into your own fitness adventure this May. From 1st to 31st May you can start a fitness membership with no joining fee. Enjoy access to the gym, swimming and a wide range of classes designed to help you move more, feel great and build healthy habits. Your next chapter starts here.



Help Your Little Hero Learn a Skill for Life!

Give your child the confidence to become a water hero with our swimming lessons. Designed to help build confidence and learn essential skills, our structured lessons guide them in a fun and supportive environment. It is a great way to help your child stay active while learning a skill that will last a lifetime.

Member Testimonials



★★★★★

“Brilliant pool & slide, I had so much fun”

- Alfie, Hailsham

★★★★★

“Great swimming & friendly staff ”

- Lawrence, Crowborough

★★★★★

“A great selection of classes & really welcoming instructors!”

- Nadia, Uckfield



BE A PART OF THE FREEDOM FLYER!

If you have an idea for an article, an update from your area or a story to share, please email hannah.coleman@freedom-leisure.co.uk