

the wealden freedom flyer!



April 2026

See what's been happening,
discover what's coming up and
celebrate our community.

**DON'T
MISS
OUT**



This month, meet new faces, get inspired, and find out how you can take part
in all the exciting events and activities happening at your local centre.

STAY ACTIVE, STAY CONNECTED

PEOPLE!



NEW SEND & Water Polo Sessions

We're excited to launch TWO brand new swimming sessions after the Easter holidays. Perfect for building skills, confidence, and having fun in the water! SEND Swimming Lessons & Water Polo Sessions will be starting at Crowborough Leisure Centre after the Easter holidays. Please email jane.hand@freedom-leisure.co.uk to find out more

Swimathon Success!

We had a fantastic weekend celebrating Swimathon at Freedom Leisure, with both our Uckfield and Crowborough sites buzzing with energy as staff and members came together to challenge themselves and raise money for a great cause. Crowborough Leisure Centre was especially delighted to kick-start the celebrations by welcoming Olympic gold medallist Duncan Goodhew, whose visit inspired participants and added to the excitement of the event. It was wonderful to see so many people getting involved, pushing their limits, and supporting such an important initiative. A huge thank you to everyone who took part and helped make the weekend such a success.



Easter Family Fun

We've got loads of activities planned at Freedom Leisure to make your Easter great! From kids clubs at Hailsham & Crowborough, to flume & floats across our pools PLUS an Easter egg hunt, soft play party, pool party and more at Hailsham Leisure Centre! Come and join in the fun, view our website for more information!

NEW Chronic Back Pain Course

Our new Chronic Back Pain course is starting Wednesday 8 April (10:00am) at Crowborough Leisure Centre. This 6 week course is open to all abilities and combines a mixture of Pilates & evidence based exercises. To find out more please email crowboroughenquiries@freedom-leisure.co.uk



WHAT'S ON THIS EASTER!



Get ready for an egg-citing Easter at Freedom Leisure! This Easter, our sites across Crowborough, Hailsham, and Uckfield are packed with fun-filled activities for kids and families, from pool parties and inflatable obstacle courses to Easter egg hunts and holiday clubs. There's something for everyone to enjoy, so dive in and make this Easter break one to remember!

Kids Holiday Clubs at Crowborough & Hailsham Leisure Centre

Running throughout the school holidays, these fun-filled sessions are perfect for children aged 5 and over, offering a variety of activities to keep them engaged, active, and smiling. Whether it's sports, games, or making new friends, our holiday clubs provide a safe and exciting environment for kids to enjoy their break. Book your space with reception today!

Bowling & Soft Play

Head to Hailsham Leisure Centre for a fun-filled family day out! Challenge each other to a friendly game of bowling and see who can score that perfect strike, or let the kids burn off energy in the soft play area packed with climbing, sliding, and adventure. Whether you're competing or just playing for laughs, it's the perfect spot for all ages to stay active and have fun together.

Floats, Flume & Fun in the Pool!

Make a splash this school holiday with our Flume & Floats pool sessions at Hailsham and Uckfield Leisure Centres, and Floats sessions at Crowborough Leisure Centre! Available every day throughout the holidays, these sessions are perfect for kids and families looking for fun, excitement, and relaxation in the water.

Easter Pool Party & Easter Egg Hunt at Hailsham

Hop into the Easter fun at Hailsham Leisure Centre with our special events! Join us for an Easter Egg Hunt on Friday 3 April, followed by an Easter Pool Party on Saturday 4 April, packed with games, activities, and lots of excitement. Tickets can be easily booked online through our website or app, so don't miss out on the fun for the whole family!

Pool Inflatable Obstacle Challenge!

Take on the ultimate challenge with our pool inflatable obstacle course for ages 8+! Test your balance, speed, and agility as you navigate the course. Join us every Friday evening during Splashdance at Crowborough, or catch a special session on Monday 30 March at Hailsham.



DISCOVER!



Join now and save big!

From 1 to 20 April, you can start your fitness journey and get started for just £20! Don't miss this chance to make this the year you prioritise your health and wellbeing while enjoying fantastic savings.



Back to school, back to swimming!

Get ready for summer with our swimming lessons! Whether your child is perfecting their strokes or learning to swim for the first time, our incredible teachers will help them build confidence and skills in the water. Sign up now and make sure your little ones are summer ready.

Member Testimonials



"Great swimming pool"

- Lawrence, Crowborough Leisure Centre



"Very well priced and well equipped gym. The membership is exceptionally good value, including classes and access to the pool. Also has a large soft play area and tenpin bowling downstairs."

- Glyn, Hailsham Leisure Centre



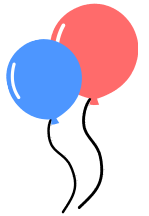
"Went to play footy on the artificial pitch, good pitch and facilities"

- Rob, Uckfield Leisure Centre



"Swimming lessons are run well."

- Donna, Crowborough Leisure Centre



BE A PART OF THE FREEDOM FLYER!

If you have an idea for an article, an update from your area or a story to share, please email hannah.coleman@freedom-leisure.co.uk

