



Splash Leisure Pool Swim School Newsletter

December 2025

**Welcome to our Swim School Newsletter
for Splash Leisure Pool in Rushden.**

Read our newsletter for all the latest updates and news.

What's included in our Newsletter:

Swim School Christmas Break
Swim School Availability
Free Casual Swimming
Badge Week Celebrations
Swim School End of Year Letter



Congratulations to our Swimmer of Month



Elisa is an absolute pleasure to teach and makes teaching very enjoyable. She is always keen to learn new techniques and takes on feedback brilliantly.

Her perseverance with developing her butterfly stroke shows her amazing swimming ability and dedication.

We truly enjoy teaching Elisa at our swim school, keep being yourself, working hard and you will continue to exceed!

Well done, Elisa!

Congratulations from the swim team!



Swim School Christmas Break

Our Swim School will be taking a short break over Christmas:

Final lessons on Sunday 21 December

Lessons will restart on Monday 5 January

We hope you all enjoy a wonderful Christmas break and we look forward to welcoming our swimmers back in the New Year!



Spaces in our Swim School

We currently have a selection of spaces across our Adult and Child, Preschool and Adult lessons:

Adult and Child Lessons

Tuesdays 11:30am to 12:00pm

Wednesday 12:30pm to 1:30pm

Thursday 11:00am to 11:30am

Pre-School Lessons

Thursday 11:30am to 12:00pm

Adult Lessons

Improvers: Monday 12:00pm to 12:30pm

Beginners: Monday 12:30pm to 1:00pm

Beginners: Tuesday 7:00pm to 8:00pm

If you know someone looking to start their swimming journey or build their confidence in the water, get them to visit reception today!

Free Casual Swimming for Swim School Members



Did you know that every swim school member can enjoy FREE casual swimming* during the holidays?

We love seeing as many of you as possible enjoying the pool between lessons.

Swimming is a fantastic activity for the whole family and one that can be enjoyed all year round, so why not come and join us during the Holidays for a swim?

*Excluding Inflatable Sessions

Badge Week Celebrations at Splash



Last month, we held a badge week to celebrate all our amazing swimmers, from puffin awards all the way to 3000m distance achievements.

Our swim teachers loved celebrating each child's progress and seeing so many happy faces! A huge well done to all our swimmers, your hard work and determination made the week truly special!

Polite Reminder About Footwear



To help us keep the pool area clean and safe for everyone, can we politely remind parents and spectators not to wear outdoor footwear on poolside.

Can we also kindly ask all parents/guardians if they wish to watch their children in their lessons to please make sure you are behind the barriers.



At Splash Leisure Pool, we believe learning to swim is one of the most important life skills a child can develop. It builds confidence, supports physical and mental wellbeing, and teaches essential water safety skills that they will use throughout their lives. We are incredibly proud of every individual in our swim school and every milestone they achieve.

Freedom Leisure is a charitable, not-for-profit leisure trust, we reinvest every penny into our centres and local communities to maintain facilities, improve services and support health and wellbeing for all. We continue to face unavoidable cost pressures and to protect the long-term sustainability of all our leisure centres, you will have received information about a price adjustment. We completely understand that this is an important consideration for families and we want to ensure you feel confident in the continued value of our swim school.

At Splash Leisure Pool, our swim school team are passionate, dedicated and committed to creating a safe, happy and supportive environment for children and adults to learn an important life skill. Together, our incredible swim teachers bring over 300 years of combined experience, which is truly demonstrated in the quality of teaching delivered across our swim school.

Learning to swim is not only a life skill, it can also open up many opportunities throughout life, from enjoying water activities like scuba diving, snorkelling, water based sports, to career pathways like being a lifeguard or swim teacher. It all begins with a love for the water and the team at Splash Leisure Pool aim to inspire every swimmer in our swim school, giving them the skills and water confidence for both now and in the future.

New for 2026! Explore your Swim School Membership Benefits

Swimming Hats plus Certificated and Badges

Every swimmer will continue to receive their own Freedom Leisure swimming hat, included in their membership. Hats are colour coordinated to each stage in our programme and when your child progresses to the next stage, they will receive a new hat at no extra cost.

Certificated and Badges

As you child progresses through each stage, their achievements will be recognised with certificates and badges to celebrate their success. New for 2026, badges and certificated for Stages 1 to 7 are included in the Swim School membership price.

Free Casual Swimming*

Members can enjoy free access to all our casual swim sessions at Splash Leisure Pool and The Nene Centre (excluding inflatable fun sessions). A perfect opportunity for practising techniques, building confidence between lessons and enjoying quality family time.

Free Inflatable Fun Session Passes*

Members will receive three complimentary passes to our inflatable fun sessions, although this session is not included in our free casual swimming, we want to give you the opportunity to race across our giant inflatable and enjoy a session full of fun!

Free Guest Swim Passes*

As a valued member, you will receive three guest swim passes. Invite your friends or family to join you in one of our casual swim sessions, a great opportunity to share the fun of swimming.

We remain committed to offering excellent value, high-quality swim lessons and a positive, supportive environment for every swimmer. Thank you for your continued support and we look forward to seeing your child continue their swimming journey with us in 2026.

If you have any questions about the swim school membership or the benefits listed above, please speak to reception on your next visit or call us on 01933 410505.

Many Thanks

Splash Leisure Pool

**Terms and conditions apply*

**Free passes are valid until 31.01.2026.*