

the Hastings & Rother freedom flyer!

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Happy
New
Year



January is
here!



PEOPLE!



➤ Christmas Jumper Day brings festive cheer!

➤ The centres across Hastings & Rother all got involved in Christmas Jumper Day with staff and members showcasing their best festive outfits in support of Save the Children.

Summerfields Swim School Christmas Party!

Lots of fun was had at the annual Summerfield's Swim School Christmas Party with poolside and sports hall inflatable sessions available. This event gets bigger and better each year with the swimming instructors all getting involved in the fun. We hope to also bring you a summer party this year - new for 2026!



Applications for FLAIR have now closed.

Our Freedom Leisure Athlete Investment & Recognition scheme offers free use of facilities to help athletes competing at a National level achieve their very best. The latest round of applications has now closed and we are proud to be supporting several athletes in the local area.

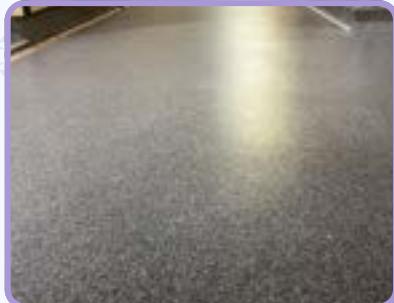
Southern Water Supports School Swimming at Summerfields!

Ten local primary schools have been given £1,000 each by Southern water as part of their goodwill fund to support swimming lessons during the current academic year. The funding can be spent on coach transport, swimming pool hire or qualified swimming teacher costs which will hopefully lead to opportunities to provide more school swimming lessons, as part of the National Curriculum.

Martyn Reynolds, Healthy Communities Manager (Hastings, Rother & Wealden) said "Freedom Leisure are delighted to help support Southern Water and Hastings Borough Council on this project. The swimming pool at Summerfields Leisure Centre, provides a key community asset in supporting local schools to deliver their swimming programme".



COMMUNITY!



Wet Change Refurbishment Latest Update!

The new flooring has now been laid. Thank you to all our customers who adapted their changing routine during the closure so we could remain open during this time. There is still a little work required on the lockers and cubicles, however the majority have now been fixed. The class changing rooms have had a lick of paint and we are now finalising prices and designs for the pre-cleanse areas which we hope to complete in the very near future!

Giggle & Tumble Sessions To Become Bookable!

We are working towards making your customer experience even better, that's why you will soon have the ability to pre-book your Giggle & Tumble sessions online making planning your visit quicker and easier than ever. This includes the Tuesday pre-school session 10.00 - 11.30am & Sunday under 10's session 9.00 - 10.30am. More information will follow once we are ready to launch.



Back to Netball!

The Back To Netball crew were feeling festive in December. If you used to play netball at school or simply want to try a team sport to get active and meet new people then why not try netball? This session is aimed at 16+ with all levels of experience. It's coach led, with drills and game play. Try something new this new year and join them every Monday 6.00 - 7.00pm. Just turn up.



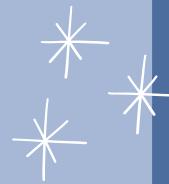
Jumbos Christmas Party!

On the afternoon of 22 December, Jumbos hosted their Christmas party with goodie bags, colouring and games and even the opportunity to write a letter to father Christmas. It was magical to see the children so excited for the big day and a welcome relief for parents to sit back, take a break from Christmas planning and watch their children play.





DISCOVER!



Memberships Made for the New Year!

Start the year with a membership that works for you. From 26th December to 31st January, enjoy 12 months for the price of 9 when you pay annually, or join on a monthly membership with no joining fee. It is a great way to build healthy habits and stay active all year.



Swim Stronger by Summer!

Give your child the confidence to enjoy a summer full of swimming. Starting lessons now helps children build essential water skills, improve technique and feel comfortable in the pool. Our structured swimming lessons support steady progress, helping children grow in confidence as they learn to swim safely and happily.



Member Testimonials



“I've been going there for years. I love being there, it's my church, my body is a temple and deserves the best and believe me it is the best.”

- George, Falaise Fitness Centre



“Great experience going here. Been going to Jumbos as a child myself and am now taking my own kids there. Lots to do as well as the gym and sports centre part and can even enjoy a cup of coffee or tea to wind down.”

- Courtney, Bexhill Leisure Centre



“Enjoy my swim, just restarted and I know it's doing good for me. Great place, friendly staff, just a great place to be.

- George, Summerfields Leisure Centre



BE A PART OF THE FREEDOM FLYER!

If you have an idea for an article, an update from your area or a story to share, please email jessamy.lavocah@freedom-leisure.co.uk