

Swimming Pool Timetable

Monday 16 February to Sunday 22 February 2026

Monday 16 February

Time	Session	Pool
06:30 - 08:45	Lane Swim	Main
09:00 - 10:00	Open Swim	Main
09:00 - 10:00	Crash Courses	Small
10:15 - 11:15	Family Inflatable	Both
11:30 - 12:30	Aqua Aerobics	Main
12:30 - 13:15	Lane Swim	Main
12:30 - 13:15	Parents & Tots	Small
13:30 - 14:30	Floats & Fun	Both
15:00 - 15:45	Lane Swim	Main
18:00 - 18:45	Lane Swim	Main
18:45 - 19:45	Swim Fit	Main

Tuesday 17 February

Time	Session	Pool
06:30 - 08:45	Lane Swim	Main
09:00 - 10:00	Open Swim	Main
09:00 - 10:00	Crash Courses	Small
10:15 - 11:15	Family Inflatable	Both
12:00 - 12:45	Lane Swim	Main
12:00 - 12:45	Parents & Tots	Small
13:00 - 14:00	Floats & Fun	Both
14:00 - 14:45	Open Swim**	Main
20:30 - 21:45	Lane Swim	Main

Wednesday 17 February

Time	Session	Pool
06:30 - 08:45	Lane Swim	Main
09:00 - 10:00	Open Swim	Main
09:00 - 10:00	Crash Courses	Small
10:15 - 11:15	Family Inflatable	Both
12:00 - 13:00	Lane Swim	Main
13:30 - 14:30	Floats & Fun	Both
15:00 - 15:45	Lane Swim	Main
15:00 - 15:45	Family Swim	Small
18:00 - 18:45	Open Swim*	Main
19:00 - 20:00	Aqua Aerobics	Main
20:00 - 20:45	Lane Swim	Main

Thursday 18 February

Time	Session	Pool
06:30 - 08:45	Lane Swim	Main
09:00 - 10:00	Open Swim	Main
09:00 - 10:00	Crash Courses	Small
10:15 - 11:15	Family Inflatable	Both
12:00 - 13:00	Lane Swim	Main
12:00 - 12:45	Parents & Tots	Small
13:30 - 14:30	Floats & Fun	Both
15:00 - 15:45	Open Swim**	Main

Friday 20 February

Time	Session	Pool
06:30 - 08:45	Lane Swim	Main
09:00 - 10:00	Open Swim	Main
09:00 - 10:00	Crash Courses	Small
10:15 - 11:15	Family Inflatable	Both
11:30 - 12:15	Aqua Aerobics	Main
12:30 - 13:15	Lane Swim	Main
12:30 - 13:00	Parents & Tots	Small
13:30 - 14:30	Floats & Fun	Both
15:00 - 15:45	Lane Swim	Main
15:00 - 15:45	Family Swim	Small
16:00 - 16:45	Open Swim**	Main
19:30 - 20:45	Lane Swim	Main

Saturday 21 February

Time	Session	Pool
08:00 - 09:25	Lane Swim	Main
12:00 - 12:45	Open Swim*	Main
13:00 - 13:45	Lane Swim	Main
14:00 - 15:00	Floats & Fun	Both
16:30 - 17:30	Private Hire	Both



Sunday 22 February

Time	Session	Pool
08:00 - 09:00	Lane Swim	Main
09:00 - 09:45	Open Swim	Both
10:00 - 10:45	Floats & Fun	Both
14:15 - 15:15	Family Inflatable	Both
16:30 - 17:30	Private Hire	Both



Explore our Half Term Activities

Looking for ways to keep the children active and entertained this half term!



Scan the QR Code to find out more!

Colour Key

Casual Swim	Family Fun Sessions
Party Hire	Specific Swim Sessions
Swim School Crash Course	
*Open swim with swim lessons	

*Open swim with swim lessons
**Open swim with 2 lanes available