

Healthy Communities Monthly Report 26-27

May 2026

Local highlights:

May Half Term Camps - 64 Children at LW -£2,057
101 Children at ALC-£3,659

These were successful with children enjoying a positive experience throughout. The new Pebble booking system improved ease for parents and streamlined staff handovers via iPads, ensuring consistent support. Increased local social media marketing and a new welcome video also helped drive higher booking levels. Summer bookings are now live on Pebble with bookings already and marketing have received info to start an earlier campaign to promote these sessions. <https://www.facebook.com/share/r/1BKBI1Khvs/>

May Half Term – Out and About Active Play sessions- 161 Children plus families attended over two days kindly funded by Arun District Council. The sun was shining and everyone enjoyed the games and bouncy castle from the positive feedback received;

‘Lovely facility, great place to meet friends, My little ones loved the bouncy castle and the ball games’

‘The attention to detail is top!’

‘Donna was great at looking after the bouncy castle. She was great at involving all the children’

Mental Health Awareness Week (11–15 May) A week of activities engaged the local community while raising awareness and funds for the Mental Health Foundation, with £69.71 raised through ‘Wear It Green Day’ during a staff and members 12hr Virtual Cycle. Arun Wellbeing hosted a pop-up promoting the ‘5 Ways to Wellbeing’ and secured a new sign-up to the WISE weight management programme. Arun Leisure Centre also ran a positive affirmations board, encouraging visitors to share how they feel and take away a positive message.

Home -Schooling Activities-Plans are underway to set up a new junior activities session in September targeted at home schooled children. Alternate weekly term time Badminton and Football sessions with a potential gym and session/swim and session ticket. Linking in with local home school groups for feedback and to assess the need.

Forever Active –Forever Active Promotion -New videos have been created to support the promotion of Forever Active, with early enquiries already coming in—highlighting the impact of sharing personal stories to showcase our community sessions. Marketing will continue to build momentum by releasing a weekly video to sustain interest and engagement.

<https://www.facebook.com/share/r/1LbfrpirPA/>

My Sisters House-Launched a Toiletries Collection at Littlehampton Wave on 21st May at a pop-up awareness stand at Little Leapfrogs – this is part of a wider project to provide wrap around support services to families in the community. <https://www.facebook.com/share/r/1DxWGGjjq3/>

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Last month in numbers:

	Sport and Active Recreation 	Community Wellbeing 	Health 
Participation	3,435	943	582
Sessions	152	51	51

Free Swims 	Concession Memberships 	Health Referrals 	Health Memberships 	FLAIR Members 	Volunteers 
26	393	8	55	14	41

Funding Received 	Funding Applied for 
£800	£0

Total Income Healthy Communities: £18,812

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Local Updates:

Sports and Active Recreation:

Junior Basketball Launch Preparations are underway for the launch of a new Junior Basketball programme on 3rd June. Our new coach, Tommy, is enthusiastic about getting started as the sessions are rebranded from LA Sharks, and he is currently developing a fresh name and new graphics to bring the programme to life.

Community Wellbeing:

Chatty Café 2 New Volunteers signed up and preparations underway for a launch Mondays PM and Thursdays PM.

Health:

MSK Pain Wise Drop -In sessions x 2 -at Littlehampton Wave -they are now setting up some free staff training to our PTs/ Health referral delivery staff on training around acute pain.

Healthy Communities South East A valuable opportunity to connect with colleagues across the region, share best practice, and explore ways to maximise the impact of Healthy Communities. Discussions focused on driving footfall, defining success, strengthening marketing activity, sharing positive impact stories, and improving how we measure and manage outcomes.

Monthly Reflections

Note: Share what has worked, what you are proud of. What you have overcome or learnt in the process. Let HD know what you want to hear more about in our HC networks.

Success	I have learnt / overcome	I would like more information on / I would like to share with others in the HC network meeting
Creating new video marketing material to promote healthy communities and junior activities to generate more interest in our services and bringing to life good news stories to share on social media.	New company processes.	Inducting Junior Activities Staff as we progress towards Summer Day Camps.

Partnerships and Networks

Note: Use the table below to update partnership development, bullet points on existing partnerships, new connections made and networks attended.

Partnerships	Sport and Active Recreation	Community Wellbeing	Health
Partnership progress			Arun Wellbeing – Have now run 2 x Pain wise MSK Pain Management sessions and they have had good uptake. I've connected with Charlotte Walker Community Health Engagement Manager VAAC and Amie Agate PM for Social Prescribing team and are arranging for myself and Steve Hawes to present to all the social prescribers.
New partnerships created		- Riverside Beach Primary Summer Fair 19th June - Awareness stand - Littlehampton Fridge – Providing food for Summer Out and About	
Networks attended		- WSCC –Community Grants Networking meeting. - Littlehampton Town Council -Pride In Place-Awareness Stand – 23rd May -linked in with Turning Tides, The Littlehampton Rotary Club, The Scouts and Home Start	

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