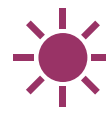


Healthy Communities Monthly Report 25 - 26

Arun – August 2025



Local Highlights – A Summer of Fun!



Fire Brigade
visiting our
Day Camp
children!



Active
Play
sessions



Active
Play
sessions



Even the
community's
pets love our
amazing staff
team too!

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Last month in numbers:

	Sport and Active Recreation 	Community Wellbeing 	Health 
Participation	2,259	2,856	661
Sessions	83	71	58

Concession Memberships 	Health Referrals 	Health Memberships 	Funding confirmed 	FLAIR Members 	Volunteers 
1822	12	12	£19,508	5	38

Local Updates:

Sport and Active Recreation

- Another summer done! 6 weeks fly when you're having fun!
- This holiday we operated Active Play Sessions, Day Camp, Little Leapfrogs/Tiny Tadpoles and Inflatable Splash sessions.
- HAF scheme fully booked at both Arun and Wave this summer. We saw 592 children attend through the West Sussex County Council HAF scheme and all of these children had the option to receive a hot meal each day if they wanted to.
- Our Active Play community sessions saw an incredible 2,214 children attend across the summer. The team have received some incredible feedback this year and are an absolute credit to Freedom Leisure and Arun District Council!
- Our new head gymnastics coach Molly, has started her role with us. Molly has truly hit the ground running and is busy with September re-enrolments. Although we have had to put a pause on our 3 advanced classes until we have more coaches on board, we are increasing our beginner and intermediate classes with an additional 3. Molly will also be launching adult gymnastics classes after October half term!
- Wave and Arun Kickers to launch shortly. This is to replace our old Football Skills provision that has been taking a break. Coach recruitment and programme design currently taking place.

Community Wellbeing

- Ongoing partnership with Littlehampton Community Fridge to provide free surplus food to families attending our Active Play sessions. Collected by HC team 3x per week from the fridge.
- One Big Walk to take place on Wednesday 10th September to celebrate Healthy Walks in Arun
- New SEND swimming lessons starting at Wave from September, this is with the aim to mirror ALC's success.
- Extension of partnership work with Arun's Resident Engagement Team to continue delivery of Sheltered Housing exercise classes. Continuation of funding through ADC.

Thank you for coming along to our Active Play session today! Your feedback is very important to us as it means we can share it with the local district and parish councils to help ensure the continuation of the sessions in years to come. If you could spare a moment to share with us what you enjoy about our Active Play provision we would be very grateful! ☺

Name: Abby...

Contact Email..

Session Attended Wick

Amazing! My son loves to come here every year. He loves all the workers - they are so caring and polite and they work so hard and play so good with all the children that attend.

Thank you so much. ☺

Name: Caitlan, Bobby and Ruby

Contact Email..

Session Attended All (Most)

We have had the best time this Summer. The staff have been amazing (Especially Abby, Abby, Sophie and Millie). We have loved playing football and are impressed with Millie's football skills! Thank you for an amazing Summer holidays! ☺

Name: Sam...

Contact Email..

Session Attended Thursdays + Fridays

My children have loved being able to enjoy the activities - especially the bouncy castle. These events are amazing especially for parents with limited funds. Thank you And the staff are amazing

Name: Charis...

Contact Email..

Session Attended 12/18 Ferring

These guys are amazing! So friendly! We bring our kids one every year as much as possible. She loves it!

Thank you.

Thank you for coming along to our Active Play session today! Your feedback is very important to us as it means we can share it with the local district and parish councils to help ensure the continuation of the sessions in years to come. If you could spare a moment to share with us what you enjoy about our Active Play provision we would be very grateful! ☺

Name: Grace

Contact Email..

Session Attended 4 sessions

Greatest fun for kids, lots of different things to keep them entertained and staff always friendly and happy to help. Thank you for getting us through summer holidays! ☺

Name: Natalie

Contact Email..

Session Attended Rustington com

What a treat to have something free in the school holidays! My 3 year old has loved coming. Thank you to all the wonderful staff who are superb!

Name: Noah and Sophie

Contact Email..

Session Attended Mainly Wick (+2 Ferring, Rustington, Armingham)

We have loved coming to the play sessions, especially the bouncy castle! The staff have been incredible with making relationships with the children, making the rules + expectations clear, yet always fun and safe. It gives the adults a bit of chill time, knowing the children are making the best memories!

Thank you for your time

This has been a summer holiday highlight! ☺